

Alignment Practice

I CALL ALL PARTS OF MYSELF BACK IN TO ME NOW

I CALL ALL MY POWER BACK TO MYSELF

I CLEAR AND RELEASE ALL ENERGIES THAT ARE NOT MINE

MY WOMB IS SOVEREIGN, CLEAR, AND DIVINE

I START THIS DAY FRESH AND ALIGNED!

I CALL IN MY WELL ANCESTORS, MY SPIRIT GUIDES,
MY ANGELS, MY TEAM OF LIGHT

CONNECT WITH SOURCE

BREATHE IN PURE SOURCE ENERGY
FILL MY CUP WITH THIS GOLDEN LIGHT

I EMBODY MY HIGHEST SELF TODAY